COURSE GUIDE
DIPLOMA TO MASTERS
2016
Sydney, Melbourne, Brisbane, Adelaide, Online
Why study with ACAP?

The Australian College of Applied Psychology (ACAP) is a leader in applied psychology education, with over 5,500 students studying on-campus, online or by blended delivery.

Study where and when it suits you
- We have campuses in Sydney, Melbourne, Brisbane and Adelaide
- Study on-campus, online or by blended delivery
- Combine different study modes to suit your lifestyle
- Start your course at any of our three trimester start dates

Over 30 years of expertise
ACAP offers specialist courses in psychology, counselling, coaching, social science, case management and social work. Students are taught by academics and practising professionals with a depth of real-life experience, thorough knowledge of their discipline and an understanding of the latest workplace practices.

Small class sizes
Our small classes and lectures, group discussions, simulations and role-play activities allow you to really get to know your fellow students and teaching staff.

Practical placements
Some courses include student placement components, which are unpaid work placements in an organisation related to your study.
This gives you the opportunity to:
- practise your skills in a work environment
- meet professionals already working in the field
- add valuable experience to your resume before you graduate

Professionally accredited courses
ACAP’s higher education counselling courses are professionally accredited by the Psychotherapy and Counselling Federation of Australia (PACFA). Our psychology courses have been conditionally accredited by the Australian Psychology Accreditation Council (APAC). The Bachelor of Social Work and Master of Social Work (Qualifying) are Australian Association of Social Workers (AASW) provisionally accredited qualifications.

ACAP campuses

ACAP has four city campuses, located in Sydney, Melbourne, Brisbane and Adelaide. Each campus offers a unique experience while delivering the same course content and quality teaching. You can also combine your on-campus learning with study by online delivery.

Sydney campus
Level 5, 1 York Street
Sydney NSW 2000 Australia
Our Sydney campus is located in the centre of the city at Wynyard Green, and is the largest of our four campuses.

Melbourne campus
Level 10, 123 Lonsdale Street
Melbourne VIC 3000 Australia
The Melbourne campus is in the centre of the cosmopolitan Melbourne CBD, near cafes and the city transport hub.

Brisbane campus
Ground Floor, East Tower, 410 Ann Street
Brisbane QLD 4000 Australia
Our Brisbane campus is in the centre of the CBD, just five minutes’ walk from Central station and the Brisbane river, making it easy to access via public transport.

Adelaide campus
Level 5, 16-20 Coglin Street
Adelaide SA 5000 Australia
The Adelaide campus is in the middle of the Adelaide CBD, close to Adelaide’s premier shopping, dining and entertainment venues.

Apply now at www.acap.edu.au
Study pathways

**Psychology pathways**
- **Diploma of Community Services (Case Management)** CHC52008†
  - Credit for 8 units (non-psychology electives) of 24 units of study
- **Bachelor of Psychological Science**
- **Bachelor of Psychological Science (Honours)** OR **Graduate Diploma of Psychology**
- **Master of Psychology** (Clinical)
  - OR Graduate Diploma of Professional Psychology
  - + 1 year of Psychology Board of Australia approved internship

**Counselling pathways**
- **Diploma of Community Services (Case Management)** CHC52008†
- **Diploma of Counselling** CHCS1712
  - Credit for 8 units
- **Bachelor of Counselling**
  - **Bachelor of Counselling (Coaching)**
  - **Associate Degree of Applied Social Science**
- **Bachelor of Applied Social Science**
- **Graduate Diploma of Counselling**
- **Master of Counselling and Psychotherapy**^*

**Social Work pathways**
- **Diploma of Counselling** CHCS1712
  - Credit for 6 of 28 units
- **Diploma of Youth Work** CHCS50413
  - Credit for 8 of 28 units
- **Diploma of Community Services (Case Management)** CHC52008†
  - Credit for 8 of 28 units
- **Bachelor of Social Work**
- **Master of Social Work**^*

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* Must meet entry requirements. For further details, refer to Course Entry Requirements.
† Superseded. Updated in line with national industry standards.
^ Bachelor of Psychological Science (Honours) and Bachelor of Social Work (Honours) students can receive credit for up to 50% of units. Master of Social Work students can receive credit for up to 37.5% of units, depending on the units studied.

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Apply now at www.acap.edu.au
Vocational Education and Training (VET)

Diploma of Community Services (Case Management)
CHC52008†

Duration
• 1 year full-time or part-time equivalent

Availability
• On-campus in Sydney, Melbourne and Brisbane
• Online delivery with 3 compulsory on-campus workshops

This nationally recognised qualification is designed to equip you with the skills required to work in case management roles in the community services sector. The course provides the skills and knowledge essential for effective case management, including communication, service coordination, networking, risk management and occupational health and safety. The study of case management enables students to learn an approach to service delivery that focuses on identifying the needs of the client and then designing and implementing strategies aimed at meeting those needs. This approach is underpinned by comprehensive assessment, client-centred action plans and individualised service delivery so that clients are treated holistically. The goal is to empower the client and ensure that they are involved in all aspects of the planning and service arrangement.

Career outcomes
Career opportunities include working in drug and alcohol, mental health, homelessness, residential care, as well as working with the aged and those living with a disability. Work can be undertaken in generalist community or neighbourhood centres.

Entry requirements
Certificate IV qualification (or at least one unit of competency at AQF level 4) OR A Higher School Certificate (HSC) or equivalent OR Successful completion of the ACAP VET Entry Assessment

VET FEE-HELP available*

Diploma of Counselling
CHC51712

Duration
• 1 year full-time or part-time equivalent

Availability
• On-campus in Sydney, Melbourne, Brisbane and Adelaide
• Online delivery with 3 compulsory on-campus workshops

This nationally recognised qualification provides you with the first step towards entry into the counselling profession. It aims to provide you with general counselling skills and knowledge, including communication skills, knowledge of a range of commonly used counselling techniques, referral skills and the ability to work within an organisation’s policies and procedures.

Career outcomes
Career opportunities include working in areas such as family support services, not-for-profit community organisations, government agencies, sexual health services, community health centres, outreach services, residential services, refugee support services and women’s health services.

Entry requirements
Certificate IV qualification (or at least one unit of competency at AQF level 4) OR A Higher School Certificate (HSC) or equivalent OR Successful completion of the ACAP VET Entry Assessment

VET FEE-HELP available*

Diploma of Youth Work
CHC50413

Duration
• 1 year full-time or part-time equivalent

Availability
• On-campus in Sydney

This course is designed for students who are keen to undertake work in agencies and/or work on programs for young people. Students learn about young people in society, their development and the issues confronting many young people including family breakdown, homelessness, mental health and juvenile justice. This study includes different types of youth work including case work, community development and program development.

The course includes 210 hours of fully supervised work placement. On successful completion of this course, students are eligible for direct entry into the second year of ACAP’s Bachelor of Social Work with credit for 8 specified units.

Career outcomes
Career opportunities include broad generalist youth worker roles or related positions such as support workers, welfare workers and community and residential care workers.

Entry requirements
Certificate IV qualification (or at least one unit of competency at AQF level 4) OR A Higher School Certificate (HSC) or equivalent OR Successful completion of the ACAP VET Entry Assessment

VET FEE-HELP available*

*Eligibility criteria apply. For full details go to www.acap.edu.au/current-students/managing-my-course/tuition-fees.
†Superseded. Updated in line with national industry standards.
## Undergraduate degrees

### Bachelor of Psychological Science†

- **Duration**
  - 3 years full-time or part-time equivalent
  - 2 years full-time by taking four units each trimester
- **Availability**
  - On-campus in Sydney and Melbourne
  - Online delivery

This course provides the first step in preparing you for a career in psychology and for further study. On completion, you will have the basic requirements needed for further study as a psychologist or for working in a range of areas. As part of this program, you will also select electives from ACAP's non-psychology subjects, such as counselling, to help you put the theory you learn into a practical context.

### Bachelor of Counselling^

- **Duration**
  - 3 years full-time or part-time equivalent
- **Availability**
  - On-campus in Sydney, Melbourne and Brisbane
  - A mix of online and blended delivery units

This course provides a comprehensive overview of counselling frameworks, skills and ethical practice.

### Bachelor of Counselling (Coaching)^

- **Duration**
  - 3 years full-time or part-time equivalent
- **Availability**
  - On-campus in Sydney, Melbourne and Brisbane
  - A mix of online and blended delivery units

This course provides a comprehensive overview of counselling and coaching frameworks, skills and ethical practice.

### Career outcomes

Graduates of the Bachelor of Counselling will be well equipped to provide counselling services in a variety of settings.

### Student placements

250 hours in a placement agency (comprising 46 hours of client counselling contact) conducted 1.5 days per week over two trimesters, plus 54 timetabled hours of counselling supervision provided by the School of Counselling and 48 personal study hours (over two units).

### Entry requirements

**If under 21:**
- Minimum ATAR 70 or equivalent
- Completion of a Certificate IV, Diploma, Advanced Diploma or Associate Degree
- Partial completion of a Bachelor’s degree
- All applicants must also complete an undergraduate screening questionnaire.

**If 21 or over:**
- Complete an undergraduate screening questionnaire.

*FEE-HELP available*

### Associate Degree of Applied Social Science

Students who have completed two years (16 units) of the Bachelor of Applied Social Science may be eligible to graduate with the Associate Degree of Applied Social Science.

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† APAC recognised course with conditions.
^ PACFA accredited course.
*Eligibility criteria apply. For full details go to www.acap.edu.au/current-students/managing-my-course/tuition-fees.

**Apply now at** [www.acap.edu.au](http://www.acap.edu.au)
# Undergraduate degrees

## Bachelor of Applied Social Science

### Duration
- 3 years full-time or part-time equivalent
- 2 years full-time by taking four units each trimester

### Availability
- On-campus in Sydney, Melbourne and Brisbane
- Online (if Coaching minor selected)
- A combination of blended delivery and online (if Counselling minor selected)

This course combines theory and practice in an interactive learning environment, including classes with group discussions, activities and role-plays. It also includes 2 student placements, providing you with work experience while you study.

### Career outcomes
Graduates of this course will be well suited for entry level employment in public, private and community sector organisations that require employees with high level analysis, communication and case management skills, as well as a thorough understanding of the relationships between individuals, groups and social structures.

### Course structure
The course consists of a major strand in social science, combined with an applied psychology strand and a central core of social science related units. In addition, students complete a minor strand in either counselling or coaching.

### Student placements
250 hours of Work-integrated Placement is undertaken (125 hours per placement unit), plus 36 hours of Work-integrated Placement seminars (18 hours per placement unit averaging 1.5 hours per week).

### Entry requirements
If under 21:
- Minimum ATAR 65 or equivalent
- OR Completion of a Certificate IV, Diploma, Advanced Diploma or Associate Degree
- OR Partial completion of a Bachelor’s degree.

FEE-HELP available*

## Bachelor of Social Work*

### Duration
- 4 years full-time or part-time equivalent

### Availability
- On-campus in Sydney, with some units available online or by blended delivery

The Bachelor of Social Work is aimed at students who want to make a real difference in the lives of others and is designed to equip students with the skills required for entry-level professional practice in social work.

### Career outcomes
Opportunities are diverse and range across a variety of health and welfare fields including human services, small community-based programs and services, selected Government departments, non-Governmental organisations, health and mental health, community practice, women and migrant services, child and family services, and corrections and justice.

### Student placements
This course includes 2 placements totalling 1,000 hours, split into Field Education 1 and Field Education 2. Each 500-hour placement includes 12 hours of practice-theory integration seminars.

### Entry requirements
- Minimum ATAR 60 or equivalent
- OR Completion of a Diploma, Advanced Diploma, or Associate Degree from a registered Australian vocational education and training provider or higher education provider (or equivalent)
- OR Age 21 years or above at date of course commencement
- OR Partial completion of a Bachelor Degree from a registered Australian higher education provider (or equivalent)

All applicants for this course must provide a written statement outlining their interest in studying social work/ human service work (up to 500 words).

FEE-HELP available*

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*AASW provisionally accredited qualification. It is an entry qualification into the social work profession and has been determined to meet the Australian Social Work Education and Accreditation Standards (ASWEAS).

*Eligibility criteria apply. For full details go to www.acap.edu.au/current-students/managing-my-course/tuition-fees.

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Postgraduate degrees

Graduate Diploma of Psychological Science

Duration
• 1 year full-time or part-time equivalent

Availability
• On-campus in Sydney and Melbourne
• Online delivery

This course is designed for students who already have an undergraduate degree that includes accredited first year psychology subjects and want to re-orient their careers and pursue a recognised qualification in psychology. If you have an undergraduate degree that does not include first year psychology, you can apply to enrol after completing the three prerequisite units of study.

Career outcomes
Career opportunities include working in areas such as health and social welfare, social or market research, human services, mental health, disability and ageing services, juvenile justice, immigration and refugee services, community, government, non-government and corporate settings.

Entry requirements

Standard Admission
An undergraduate degree in any field of study that includes first year psychology units accredited with the Australian Psychology Accreditation Council. The psychology units must have been completed in the last 10 years.

Alternative admission
An undergraduate degree in any field of study that does not include first year psychology units accredited with the Australian Psychology Accreditation Council completed in the last 10 years, and:

Completion of the following ACAP units before enrolling:
• Psychology: An Evidence-Based Approach 1
• Introduction to Psychology: Biology, Learning and Cognition
• Introduction to Psychology: The Individual, Society and Culture.

FEE-HELP available*

Bachelor of Psychological Science (Honours)†

AND

Graduate Diploma of Psychology†

Duration
• 1 year full-time or part-time equivalent

Availability
• On-campus in Sydney and Melbourne

These courses provide a fourth year of study in psychology and are suitable if you have already completed an accredited three-year sequence of study in psychology and want to complete your training towards registration as a psychologist.

Career outcomes
These courses will suit those seeking employment in areas that value knowledge of psychology and more advanced level research and writing skills.

Entry requirements
Completed an Australian Psychology Accreditation Council accredited 3-year psychology sequence within the last 10 years

AND

Achieved a credit average in second and third year units, including a credit in the majority of psychology units.

FEE-HELP available*

Further your studies
The Bachelor of Psychological Science (Honours) will suit psychology graduates seeking employment in areas that value knowledge of psychology and an advanced level of research and writing skills, or those who wish to continue training towards registration as a psychologist.

The Bachelor of Psychological Science (Honours) is conditionally accredited by the Australian Psychology Accreditation Council (APAC). It is comprised coursework as well as a 12,000 word thesis.

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† APAC recognised course with conditions.
*Eligibility criteria apply. For full details go to www.acap.edu.au/current-students/managing-my-course/tuition-fees.

“The teachers are approachable, familiar and most importantly, want to help you do well.”

Georgina - Bachelor of Psychological Science (Honours)
Postgraduate degrees

Graduate Diploma of Counselling^*

Duration
- 2 years full-time or part-time equivalent

Availability
- On-campus in Sydney and Melbourne
- Blended delivery (a mix of online and on-campus) in Sydney, Melbourne, Brisbane and Adelaide

If you already have a degree in another discipline and want to qualify as a Counsellor without undertaking an undergraduate qualification then you should consider this course. It will provide you with a solid understanding of the theoretical and practical aspects of counselling as well as an understanding of the ethical issues involved.

Career outcomes
Career outcomes include working in counselling and counselling-related professions, such as casework and case management, pastoral care, child and youth services, community welfare and support services, conflict resolution and community volunteer programs.

Student placements
Students will be required to undertake one student placement over two trimesters totalling 200 hours, of which at least 40 hours must be face-to-face client contact and/or counselling group therapy.

Entry requirements
Successful completion of an undergraduate degree from an accredited Higher Education Provider, or a Higher education Advanced Diploma or Associate Degree in a similar field of study and relevant work experience

AND

Undertake an Assessment of Readiness for the Counselling profession questionnaire

AND

Completion of a National Criminal History Record check within 30 days of accepting the offer.

FEE-HELP available*^*

Advanced training
Accredited by the Psychotherapy and Counselling Federation of Australia (PACFA), the Graduate Diploma of Counselling course gives you the practical skills and theoretical foundation you need to work as a counsellor. On successful completion of this course, graduates are eligible to apply for intern membership on the PACFA Register.

This course equips graduates to work as counsellors in the public, private and community sectors providing counselling services relating to bereavement and loss, alcohol and other drugs, mental health, family and relationships.

This course also includes 200 hours in a placement agency, which are undertaken over two consecutive trimesters.

“... It was a very supportive, open and friendly environment. The classes were comprehensive and highly interactive, both theoretical and practical.”

Gus - Diploma of Counselling CHC51712

Apply now at www.acap.edu.au

^PACFA accredited course.
*Eligibility criteria apply. For full details go to www.acap.edu.au/current-students/managing-my-course/tuition-fees.
Postgraduate degrees

Graduate Diploma of Professional Psychology†

Duration
• 1 year full-time or part-time equivalent

Availability
• On-campus in Sydney

This qualification provides the 5th year of the 5th and 6th years of professional training required for general registration as a psychologist in Australia.

Graduates of this course can then complete an additional one-year Psychology Board of Australia approved internship to have the 5th and 6th years of training required for general registration as a psychologist in Australia.

Career outcomes
Career opportunities include working in organisations such as hospitals, community health centres, and specialist services including disability, drug and alcohol, pain management and rehabilitation.

Entry requirements
Qualifications equivalent to an Australian Psychology Accreditation Council accredited four-year undergraduate sequence within the last 10 years and eligible for registration with the Psychology Board of Australia as a provisional psychologist (qualifications must be assessed by the Australian Psychological Society (APS) for equivalence and evidence of assessment provided).

FEE-HELP available*

Master of Psychology (Clinical)†

Duration
• 2 years full-time or part-time equivalent

Availability
• On-campus in Sydney

This qualification provides a 5th and 6th year sequence of professional training in psychology and is recognised by APAC, the Psychology Board of Australia, and the Australian Psychological Society (APS) College of Clinical Psychologists. It provides the 5th and 6th years of training required for general registration as a psychologist in Australia.

Career outcomes
Graduates who achieve general registration will be able to work as psychologists in Australia. Psychologists are employed in a range of settings including hospitals, community health centres, specialist services, secondary and post-secondary education and organisations.

After two years of further supervised practice, graduates are eligible to be endorsed as clinical psychologists.

Entry requirements
Qualifications equivalent to an Australian Psychology Accreditation Council accredited four-year undergraduate sequence within the last 10 years, with a grade equivalent to second class Honours (2A) or higher

AND

Eligible for registration with the Psychology Board of Australia as a provisional psychologist (qualifications must be assessed by the Australian Psychologist Society (APS) for equivalence and evidence of assessment provided).

FEE-HELP available*

† APAC recognised course with conditions.
*Eligibility criteria apply. For full details go to www.acap.edu.au/current-students/managing-my-course/tuition-fees.

Apply now at www.acap.edu.au
Postgraduate degrees

Master of Counselling and Psychotherapy^  

**Duration**
- 2 years full-time or part-time equivalent

**Availability**
- Blended delivery (a mix of online and on-campus) in Brisbane, Melbourne and Sydney

ACAP’s Master of Counselling and Psychotherapy provides a comprehensive and advanced understanding of counselling and psychotherapy practice, as well as developing the high-level skills needed to practise as a professional counsellor and psychotherapist. Graduates of the Masters will be eligible to be listed on the PACFA register as qualified Clinical Supervisors once the required hours of supervision practice have been completed.

**Career outcomes**
Graduates of this course will be equipped to work as counsellors and psychotherapists in the public, private and community sectors. They will also be eligible to be listed on the PACFA register as qualified Clinical Supervisors once the required hours of supervision delivery have been completed.

**Entry requirements**
Successful completion of an undergraduate degree in a cognate field of study (counselling, psychotherapy, psychology, social work, pastoral care, social welfare, natural therapies, mental health or palliative care nursing, medicine, occupational therapy)

AND

Completion of an Assessment of Readiness for the Counselling and Psychotherapy Profession questionnaire

AND

Completion of two referee reports

AND

Completion of a National Criminal History Record check within 30 days of accepting the offer.

**FEE-HELP available***

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**Advanced training**

The Master of Counselling and Psychotherapy course is designed as an advanced (second) training in contemporary counselling and psychotherapy.

This course includes 16 coursework units (each with on-campus and online components), two applied research units undertaken on a negotiated project, an in depth placement taken over two consecutive trimesters with 240 hours in total of placement (including 80 hours of client contact), and an additional 24 hours of clinical supervision provided in small groups by ACAP.

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^PACFA accredited course.


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Postgraduate degrees

Master of Social Work (Qualifying)*

Duration
• 2 years full-time or part-time equivalent

Availability
• On-campus in Sydney

Career Outcomes
Graduates of the Master of Social Work (Qualifying) will be equipped to work in every aspect of the human and community services including Government bodies (State and Federal), large and small NGOs, community and health services, criminal justice system, faith-based agencies, aged care, mental health, not-for-profit organisations and international agencies.

Entry Requirements
A Bachelor degree in a cognate area (for example social sciences, psychology, community and welfare work, nursing, allied health, counselling) and a written statement outlining your interest in studying social work (500 words)
OR
A Bachelor degree with a minimum of one year of full-time study in a cognate area and a written statement outlining your interest in studying social work (500 words).

FEE-HELP available*

“...really value your participation, and the smaller classes give a more personalised experience.”

Josephine - Master of Social Work (Qualifying)

A career in Social Work
Social Work is a professional, practical and academic discipline underpinned by principles of human rights, collective responsibility and social justice. As a profession it is positioned in the Health and Community Services Industry and has experienced unprecedented growth in recent years, with strong demand expected to continue. ACAP’s postgraduate Social Work degrees have a strong research focus, and the Master of Social Work (Qualifying) contains two Field Education placements, which give students the opportunity to practice their skills and network with potential employers.

Josephine - Master of Social Work (Qualifying)

Master of Social Work

Duration
• 2 trimesters full-time or part-time equivalent

Availability
• On-campus in Sydney

Career Outcomes
Graduates of the Master of Social Work will be able to advance their career opportunities and move into more senior leadership roles in the human services including Government bodies (State and Federal), large and small NGOs, community and health services, criminal justice system, faith-based agencies, aged care, mental health, not-for-profit organisations and international agencies.

Entry Requirements
Bachelor Degree in Social Work (AQF 7) and at least one year of practice experience
OR
Equivalent Bachelor Degree (AQF 7) recognised by the Australian Association of Social Workers (AASW) and at least one year of practice experience.

FEE-HELP available*

*Eligibility criteria apply. For full details go to www.acap.edu.au/current-students/managing-my-course/tuition-fees.

AASW provisionally accredited qualification. It is an entry qualification into the social work profession and has been determined to meet the Australian Social Work Education and Accreditation Standards (ASWEAS).
Australian College of Applied Psychology

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This information is intended for the use of domestic students. If you are an international student, please contact ACAP and request a copy of our International Student Guide.

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