

POSSIBILITIES UNLOCKED

2020 ACAP Online Conference:

Mastering Cultural Competence for the Real World

Friday 18 September

ACAP Australian
College of
Applied
Psychology

Welcome to Country and Welcome to Conference 9:00am

Dr Jaclyn Broadbent

Humanising Digital Learning 9:15am

Morning Tea 10:15am

Professor Lisa Brophy

Enabling Supported Decision Making and Reducing Coercive Interventions

– The Next Wave of Reform in Mental Health Service Provision 10:45am

Short Break 11:45am

Professor Robert Schweitzer

Are All Therapists Equal? Learning from the Research 12:15pm

Lunch 1:15pm

Research Website Launch 2:00pm

Research Showcase and Competition Winners 2:15pm

Afternoon Tea 3:15pm

Launch of ACAP “Report” - Culturally Competent Human Services Graduates:

A Systematic Review of Evidence-based Educational Practices 3:45pm

Closing Ceremony 4:00pm

Social Event 5:15pm

KEYNOTE PRESENTATIONS:

Dr Jaclyn Broadbent

Humanising Digital Learning

With the massification of higher education it is easy for students to feel like a number, especially in a large enrolment subject. This session will discuss the problem of scale and the importance of increased engagement through the use of technology.

Examples include:

- Using service design to redevelop our suite of Honours courses.
- Using automated emails and SMS based on learning analytics to connect with students based on their grades, login activity, assessment submission and completion.
- Improving the quality and student's satisfaction with feedback, by recording audio and video feedback and using feed-forward strategies.
- Giving just-enough, just-in-time, just-for-me support using a Live Chat widget within the unit's LMS site.



Professor Lisa Brophy

Enabling Supported Decision Making and Reducing Coercive Interventions – The Next Wave of Reform in Mental Health Service Provision.

This presentation will consider the impact of the United Nations Convention on the Rights of Person with Disabilities (CRPD 2007), the international human rights instrument governing the rights of people with disabilities, especially in relation to how it has led to considerable expectation that mental health law, policy and practice needs to be reconsidered with increased emphasis on human rights. The influence of the CRPD is occurring in parallel with the attempts to shift to recovery oriented, trauma informed and strengths based practice that is person centred. However, demonstrating genuine respect for legal capacity and supported decision making, addressing power imbalances, shifting away from the dominance of the biomedical model and reducing the use of restrictive practices and coercive interventions, requires considerable individual and systematic advocacy. So far efforts at reform – as exposed by the Royal Commission into mental health services in Victoria and emerging evidence – suggest that system transformation is fragmented, patchy and often stalled – or even going backwards. This presentation will discuss what might need to happen before we can move to commit to models of care that are innovative and attractive, community-based, inclusive and respond more closely to what people want and need.



Robert Schweitzer

Are All Therapists Equal? Learning from the Research.

Therapy takes place behind a closed door. Referrals are made to therapists, and very often, people talk about some of the most intimate aspects of their lives, revealing experiences often associated with pain. The question arises, though, are all therapists equal in their abilities to assist the people who seek their help? Is it possible that at times, therapy may even be harmful? In this presentation, I aim to address these questions and provide an overview of some of the literature on therapy outcomes, and present research I have been involved in to identify the qualities of language which has been associated with effective therapy outcomes. The results of the research contributes to our understanding of some of the qualities of the most effective therapists. These findings have implications for our own practice as counsellors or therapists, and also for the role of supervisors and training programs, which aim to train effective practitioners.

